

1300 368 141

OCCUPATIONAL THERAPY DRIVER ASSESSMENT

Occupational Therapists are skilled in functional assessment and rehabilitation, promoting independence in tasks at home, work and in the community.

We rely on driving for our independence that enables us to meet social, recreational and vocational needs.

**Driving for most Australians is an
Activity of Daily Living**



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ACCESS
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What is a Driver Trained Occupational Therapist?

A Driver Trained Occupational Therapist has undertaken additional qualifications in driver assessment and rehabilitation for people with medical conditions and disabilities. They can assist drivers with assessment, rehabilitation and education in the following areas:

- Ergonomic assessment to ensure appropriate positioning within the motor vehicle to reduce pain, discomfort and fatigue.
- Assessment of driving abilities.
- Identification of strategies to enable safe driving including modifications to the vehicle or other adaptive equipment.
- Identification and training in techniques, timing, duration and approaches to driving to maximise safety and independence.
- Development of a rehabilitation and training programs to facilitate return to driving after license suspension due to medical reasons.
- Improving driver confidence or reducing anxiety in a variety of traffic situations.

- SERVICES CAN BE ACCESSED BY -

NDIS Participants | Privately Insured Clients | GP Plans | DVA Clients (Gold and White Card Holders)
Clients with Third Party / Compensable Claims - including
Workplace Injury, Motor Vehicle Accident, Income Protection / Disability & Public Liability

OCCUPATIONAL THERAPISTS

PHYSIOTHERAPISTS

EXERCISE PHYSIOLOGISTS

ACCESSIBLE GYM

REHABILITATION CONSULTANTS

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Who Would Benefit from an OT Driver Assessment?

People with a permanent or temporary disability or injury which affects:

- Strength, sensation, or range of movement of the head and neck, arms or legs, particularly in relation to strength and coordination
- Vision and visual awareness
- Thinking (cognitive) skills
- Comfort and confidence in driving safely

Driver Trained Occupational Therapists can also provide thorough assessment of a person's capacity to use a mobility scooter or electric wheelchair when the person is experiencing complex medical conditions.



*We rely on Driving
for our Independence
it enables us to meet our Social, Recreational & Vocational needs*

What Happens During an OT Driver Assessment?

The initial assessment takes approximately 2 hours, and includes assessment of physical, visual, cognitive and road craft skills and the potential impact of these on the task of driving.

On road assessment, if required, takes approximately 1 hour with a Driving Instructor in a dual controlled vehicle. This assessment may also include the trial of vehicle modifications if required. You will then be provided with feedback and recommendations.

These recommendations may include:

- Modifications to the vehicle or seating and adaptive equipment.
- Alterations to the license status.
- Participation in a driver rehabilitation and training program.

You will then be provided the support to implement recommendations including:

- Coordinating the assessment through the Department of Transport for return to driving after suspension of license, and
- Assistance and coordination of vehicle modifications or equipment if required.
- Education and support to access alternative transportation options.

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